

## What We Do And Why We Do It



We are doing Food Not Bombs in Las Vegas because we want to work together with our friends and neighbors to get and share the food that each of us need, and to enjoy it together in a healthy and vibrant community.

Food Not Bombers work together to find alternative ways for us to feed ourselves through cooperative work and sharing, without giving up cash to corporations or giving up freedom and privacy for bureaucratic government welfare. We grow what we can ourselves, and we recover surplus food from stores and restaurants that's still good to eat, but can no longer be sold, which would otherwise be thrown away. We share the food we get with friends and neighbors, use it to make hot, fresh vegan meals, and set up in public spaces like city parks to share food with anyone who's hungry, without restriction. We also provide free food at rallies, protests, community events, and anywhere else we're invited to.

We're building these alternatives because we believe we can make the community we long to live in, if we help each other get free of government bureaucrats and corporate bosses who try to take away our control over our own lives, homes, and food. We want a community that works for life, not for death, so we oppose war, police harassment of poor and hungry people, and government taxes that take billions of dollars from us and use it to humiliate, jail or kill people. FNB is one way we can work together to create alternatives where we stop supporting bosses and governments, and start supporting each other instead, through mutual aid and nonviolent direct action.

## FREE VEGAN MEALS! Weekly Picnics in the Park: everyone's welcome!

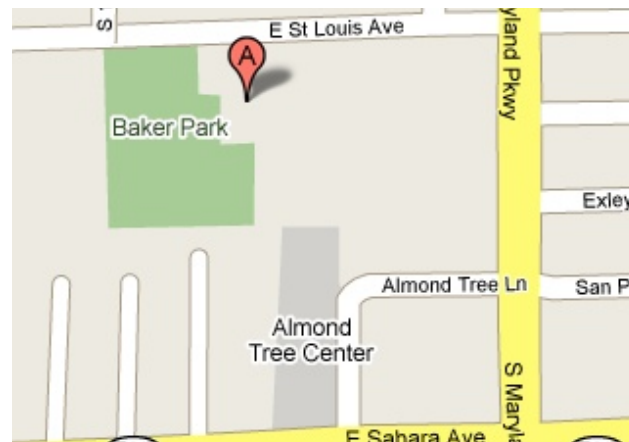


**Every Wednesday 4-6pm @ Paradise Park**  
4775 McLeod Dr, between Harmon & Trop, Las Vegas

**Every Sunday, 10:30am-12pm @ Baker Park**  
E. St. Louis and 10th St., Las Vegas

*Look for us under the shade by the picnic tables!*

**Organizational meet-up Saturdays, 2-3pm**  
Coffee Bean & Tea Leaf, 4550 S. Maryland Pkwy



**Questions? Contact Charles Johnson**  
Tel: 734-262-2129  
Email: [feedback@radgeek.com](mailto:feedback@radgeek.com)  
or visit [foodnotbombslasvegas.org](http://foodnotbombslasvegas.org)

## Food Not Bombs Las Vegas



**Grassroots Mutual Aid  
in the Vegas Valley**

**Free Vegan Picnics  
for anyone who's hungry!**

**Wednesdays 4-6pm  
Paradise Park**

**Sundays, 10:30am-12:30pm  
Baker Park**

**"Feeding the Revolution!"**

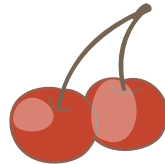
[foodnotbombslasvegas.org](http://foodnotbombslasvegas.org)

## “We” Means “You and Me”

If you need food, grocery stores and restaurants have a bottom line, and they tell you “pay up or starve.” Churches have a sermon to preach, and they tell you “listen up or starve.” Charities have donors and volunteers who want to use hungry people to feel good about themselves, and they tell you “cheer us up or starve.” Government welfare offices have social workers and questionnaires and endless legal requirements to inflict on you, and they tell you “give up and obey us or starve.” They want you to believe the only way to eat is by taking whatever they have to give, on whatever terms they dictate. We are doing Food Not Bombs because we believe there is another way.

We're not a charity. We're not welfare. We're not here to save your souls, or to save ours, either. What we we're here to do is to eat. And share what we're eating with friends and neighbors. Like friends and equals. We share food as a form of mutual aid, because we want to live in a community where they can count on us to share with them, and we can count on them to share with us. We've discovered we can most easily support ourselves when we support each other. So we're not here just to give someone a hand-out or make us feel better about ourselves. We're here to share what we have with each other, and to invite you to join the rest of us in building the community that we're sharing today.

We don't turn anybody away. Nobody needs to volunteer to “pay” for shared food. But if you want to get involved in FNB activities, then you and me can work together to make this community even stronger by supporting each other. That's what Food Not Bombs is all about. We don't need bosses or bureaucrats to save us. We can do this ourselves.



## We Are All Leaders Here

Interested? There's lots you can do to get involved. And nobody in charge you need to ask first for permission. We work through direct action and group consensus—just go ahead and do what you can, and work together with fellow Food Not Bombers if you're all agree to work together on something.

Your fellow FNbers have resources and information we can hook you up with to help you out. There's always plenty for active FNbers to do, and most of it's easy to get done, if one of us just steps up to do it. For example....

Join us at our weekly free picnics (every Wednesday 4pm to 6pm in Paradise Park and every Sunday, 10:30am to 12pm in Baker Park). Or for our regular organizational meet-ups (every Saturday, 2pm to 3pm at the Coffee Bean & Tea Leaf in Running Rebel Plaza, 4550 S. Maryland Pkwy). Have some food, make some contacts, and find out more about what we're doing and how we can work together. See the back for a full listing of where & when we meet!

You could post flyers, posters, and handbills around town to let people know about Food Not Bombs and our events. Your fellow FNbers have some designs we can hook you up with, or you can design your own.

If you know people who'd be interested in Food Not Bombs, you could talk with them about us, and encourage them to come join us for some free food and check out what we do.

You could pick up free vegetarian food to share through Food Not Bombs, from grocery stores and restaurants that are willing to donate food that would otherwise be thrown away; or from you or your friends' jobs, gardens, or any other alternative food source you may have access to. Take some food to eat or share yourself, then drop off the rest at one of our drop-off houses where other FNbers can pick it up.

You can help prepare food for our public food-sharing events by picking up food from an FNB drop-off house, cooking meals with it, and bringing what you've made to the park. Your fellow FNbers have food you can use and recipes, or we can get together, share the work and the kitchen space, and have some fun cooking together.



You can pick up free food and just share it with your friends or family or neighbors, even if you can't make one of the public picnics. This is mutual aid, not charity, and the point is to get good food to hungry people, whether or not it happens at a public event. You can pick up food from our drop-off houses, and share it with anyone you know who would enjoy a free meal.

You can volunteer to work with your fellow FNbers to set up outreach tables and talk with people at public events like rallies, protests, and fairs, where we can share literature to let people know about Food Not Bombs and what we do, or share free food with people at the event, or both.

You can help out your fellow FNbers by sharing or lending pots, pans, plates, utensils, napkins, tasty vegan recipes, big kitchen spaces where we can cook together, etc. etc. etc. If you know a good source for any of these that you and your fellow FNbers might be able to use, it'll help us out a lot.

Let's talk about what's going on, what interests you, and how fellow FNbers can help you with it. Join us at one of our organizational meetings or our free picnics (see listing on the back of this pamphlet), or you can reach Charles, one of our organizers, at (734) 262-2129. We also have a web site at [foodnotbombslasvegas.org](http://foodnotbombslasvegas.org) with lots about getting involved, keeping in touch with fellow FNbers, and keeping up to date on things FNB is doing in Vegas.

